

# October

2026



| SUNDAY | MONDAY                                                     | TUESDAY                                                                   | WEDNESDAY                                                          | THURSDAY                                                               | FRIDAY                                                   | SATURDAY |
|--------|------------------------------------------------------------|---------------------------------------------------------------------------|--------------------------------------------------------------------|------------------------------------------------------------------------|----------------------------------------------------------|----------|
| 27     | 28                                                         | 29                                                                        | 30                                                                 | 1                                                                      | 2                                                        | 3        |
|        | Mac and Cheese, steamed local vegetables, Fresh cut fruit. | Chicken tenders, pretzel bite, steamed local vegetables, fresh cut fruit. | Four cheese, tortellini, Steamed local veggies and fresh cut fruit | Agnus Sliders, Steamed local veggies and fresh cut fruit               | Quesadilla, brown rice, steamed veggies, fresh cut fruit |          |
| 4      | 5                                                          | 6                                                                         | 7                                                                  | 8                                                                      | 9                                                        | 10       |
|        | Pasta Alfredo, steamed veggies and freshet fruit           | Angus beef tacos, the fixins, steamed veggies and fresh cut fruit.        | Penne Pasta, meat sauce, Steamed local veggies and fresh cut fruit | Roast Turkey, mashed potato, steamed veggie, fresh cut fruit           | Chicken sausage, bagel, tater tot, fresh cut fruit       |          |
| 11     | 12                                                         | 13                                                                        | 14                                                                 | 15                                                                     | 16                                                       | 17       |
|        | Mac and Cheese, steamed local vegetables, Fresh cut fruit. | Chicken tenders, pretzel bite, steamed local vegetables, fresh cut fruit. | Four cheese, tortellini, Steamed local veggies and fresh cut fruit | Grilled chicken, pita, steamed veggies, cu and tomato, fresh cut fruit | Quesadilla, brown rice, steamed veggies, fresh cut fruit |          |
| 18     | 19                                                         | 20                                                                        | 21                                                                 | 22                                                                     | 23                                                       | 24       |
|        | Pasta Alfredo, steamed veggies and freshet fruit           | Angus beef tacos, the fixins, steamed veggies and fresh cut fruit.        | Penne Pasta, meat sauce, Steamed local veggies and fresh cut fruit | Chicken taco, the steamed veggie and fresh cut fruit.                  | No school                                                |          |
| 25     | 26                                                         | 27                                                                        | 28                                                                 | 29                                                                     | 30                                                       | 31       |
|        | Mac and Cheese, steamed local vegetables, Fresh cut fruit. | Chicken tenders, pretzel bite, steamed local vegetables, fresh cut fruit. | Four cheese, tortellini, Steamed local veggies and fresh cut fruit | Meatballs, penne pasta, steamed veggies and fresh cut fruit            | Quesadilla, brown rice, steamed veggies, fresh cut fruit |          |